



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Ronneburg, Dirk

Club: SSV Erfurt 02
Number: 169

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:20:20

Speed: 10.46 km/h
Running performance: 5:44 min/km

Rank in course/Total: 97 (of 179)

Rank in course/Men: 86 (of 128)

Best time in course: 53:19

Rank in category: 17(of 21)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	33:53	5:50	17	8:11	75	11:11	5.80	33:53	5:50	17	8:11	75	11:11
Finish	8.20	46:27	5:39	17	11:47	93	15:50	14.00	1:20:20	5:44	17	19:58	86	27:01