



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit.Training
Number: 112

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:20:53

Speed: 10.39 km/h
Running performance: 5:47 min/km

Rank in course/Total: 102 (of 179)

Rank in course/Men: 90 (of 128)

Best time in course: 53:19

Rank in category: 10(of 16)

Best time in the category: 1:02:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	34:53	6:00	8	8:32	83	12:11	5.80	34:53	6:00	8	8:32	83	12:11
Finish	8.20	46:00	5:36	10	9:57	88	15:23	14.00	1:20:53	5:46	10	18:29	90	27:34