



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Schirmbacher, Odette

Club: RUN FOR FUN
Number: 80

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:22:53

Speed: 10.13 km/h
Running performance: 5:55 min/km

Rank in course/Total: 114 (of 179)

Rank in course/Women: 17 (of 51)

Best time in course: 1:04:42

Rank in category: 3(of 9)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	36:20	6:15	2	4:40	16	8:48	5.80	36:20	6:15	2	4:40	16	8:48
Finish	8.20	46:33	5:40	3	2:14	17	9:23	14.00	1:22:53	5:55	3	6:54	17	18:11