



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Krämer, Thomas

Club: Gesundheitskönner  
Number: 185

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:23:12

Speed: 10.10 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 116 (of 179)

Rank in course/Men: 98 (of 128)

Best time in course: 53:19

Rank in category: 17(of 18)

Best time in the category: 59:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	36:33	6:18	17	11:03	101	13:51	5.80	36:33	6:18	17	11:03	101	13:51
Finish	8.20	46:39	5:41	17	12:53	97	16:02	14.00	1:23:12	5:56	17	23:56	98	29:53