



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Elster, Klaus

Club: Erfurt
Number: 28

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:23:32

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 119 (of 179)

Rank in course/Men: 101 (of 128)

Best time in course: 53:19

Rank in category: 9(of 13)

Best time in the category: 1:08:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	37:00	6:22	9	6:40	105	14:18	5.80	37:00	6:22	9	6:40	105	14:18
Finish	8.20	46:32	5:40	7	8:15	95	15:55	14.00	1:23:32	5:58	9	14:55	101	30:13