



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Münch, Birgit

Club: SC Impuls Erfurt
Number: 123

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:24:24

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 122 (of 179)

Rank in course/Women: 20 (of 51)

Best time in course: 1:04:42

Rank in category: 7(of 8)

Best time in the category: 1:13:10

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	35:34	6:07	5	3:55	14	8:02	5.80	35:34	6:07	5	3:55	14	8:02
Finish	8.20	48:50	5:57	7	7:19	20	11:40	14.00	1:24:24	6:01	7	11:14	20	19:42