



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Zaus, Andre

Club: Arnstadt  
Number: 114

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:25:49

Speed: 9.79 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 128 (of 179)

Rank in course/Men: 107 (of 128)

Best time in course: 53:19

Rank in category: 18(of 21)

Best time in the category: 1:03:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	35:56	6:11	16	8:15	97	13:14	5.80	35:56	6:11	16	8:15	97	13:14
Finish	8.20	49:53	6:05	18	14:10	111	19:16	14.00	1:25:49	6:07	18	22:25	107	32:30