



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Sander, Kira-Josephine

Club: Jena  
Number: 78

Course: 14.00 km  
Hauptlauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:25:51

Speed: 9.78 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 129 (of 179)

Rank in course/Women: 22 (of 51)

Best time in course: 1:04:42

Rank in category: 3(of 9)

Best time in the category: 1:04:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	36:36	6:18	4	9:04	21	9:04	5.80	36:36	6:18	4	9:04	21	9:04
Finish	8.20	49:15	6:00	3	12:05	23	12:05	14.00	1:25:51	6:07	3	21:09	22	21:09