



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Bärwolf, Silvia

Club: Laufftreff Breitungen
Number: 9

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:26:17

Speed: 9.74 km/h
Running performance: 6:10 min/km

Rank in course/Total: 130 (of 179)

Rank in course/Women: 23 (of 51)

Best time in course: 1:04:42

Rank in category: 3(of 4)

Best time in the category: 1:06:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	37:13	6:25	3	9:01	24	9:41	5.80	37:13	6:25	3	9:01	24	9:41
Finish	8.20	49:04	5:59	3	10:33	22	11:54	14.00	1:26:17	6:09	3	19:34	23	21:35