



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Ertel, Frank

Club: Mühlhäuser Laufwölfe  
Number: 31

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:28:56

Speed: 9.45 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 139 (of 179)

Rank in course/Men: 112 (of 128)

Best time in course: 53:19

Rank in category: 11(of 13)

Best time in the category: 1:08:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	38:31	6:38	12	8:11	113	15:49	5.80	38:31	6:38	12	8:11	113	15:49
Finish	8.20	50:25	6:08	11	12:08	112	19:48	14.00	1:28:56	6:21	11	20:19	112	35:37