



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Helbing, Andreas

Club: Dachwig  
Number: 44

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:30:47

Speed: 9.25 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 143 (of 179)

Rank in course/Men: 113 (of 128)

Best time in course: 53:19

Rank in category: 12(of 12)

Best time in the category: 57:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	41:19	7:07	12	16:47	119	18:37	5.80	41:19	7:07	12	16:47	119	18:37
Finish	8.20	49:28	6:01	12	16:15	110	18:51	14.00	1:30:47	6:29	12	33:02	113	37:28