



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Wolfram, Stefanie

Club: Erfurt  
Number: 111

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:33:45

Speed: 8.96 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 151 (of 179)

Rank in course/Women: 34 (of 51)

Best time in course: 1:04:42

Rank in category: 8(of 11)

Best time in the category: 1:12:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	40:40	7:00	9	9:48	38	13:08	5.80	40:40	7:00	9	9:48	38	13:08
Finish	8.20	53:05	6:28	8	11:11	32	15:55	14.00	1:33:45	6:41	8	20:59	34	29:03