



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Hammer, Franziska

Club: Erfurt
Number: 154

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:34:53

Speed: 8.85 km/h
Running performance: 6:47 min/km

Rank in course/Total: 153 (of 179)

Rank in course/Women: 35 (of 51)

Best time in course: 1:04:42

Rank in category: 9(of 11)

Best time in the category: 1:12:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	40:22	6:57	8	9:30	35	12:50	5.80	40:22	6:57	8	9:30	35	12:50
Finish	8.20	54:31	6:38	9	12:37	35	17:21	14.00	1:34:53	6:46	9	22:07	35	30:11