



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Zwinkau, Annett

Club: FC-Deutsche
Number: 122

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:35:57

Speed: 8.75 km/h
Running performance: 6:51 min/km

Rank in course/Total: 155 (of 179)

Rank in course/Women: 36 (of 51)

Best time in course: 1:04:42

Rank in category: 4(of 9)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Kontrolle	5.80	39:34	6:49	4	7:54	34	12:02	5.80	39:34	6:49	4	7:54	34	12:02
Finish	8.20	56:23	6:52	5	12:04	40	19:13	14.00	1:35:57	6:51	4	19:58	36	31:15