



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Zwinkau, Annett

Club: FC-Deutsche  
Number: 122

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:35:57

Speed: 8.75 km/h  
Running performance: 6:51 min/km

Rank in course/Total: 155 (of 179)

Rank in course/Women: 36 (of 51)

Best time in course: 1:04:42

Rank in category: 4(of 9)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	39:34	6:49	4	7:54	34	12:02	5.80	39:34	6:49	4	7:54	34	12:02
Finish	8.20	56:23	6:52	5	12:04	40	19:13	14.00	1:35:57	6:51	4	19:58	36	31:15