



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Thormann, Anja

Club: EnerGuido  
Number: 140

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:36:40

Speed: 8.69 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 157 (of 179)

Rank in course/Women: 37 (of 51)

Best time in course: 1:04:42

Rank in category: 10(of 11)

Best time in the category: 1:12:46

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|           |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Kontrolle | 5.80        | 41:20         | 7:07            | 10          | 10:28          | 39           | 13:48           | 5.80          | 41:20         | 7:07            | 10          | 10:28          | 39           | 13:48           |
| Finish    | 8.20        | 55:20         | 6:44            | 10          | 13:26          | 37           | 18:10           | 14.00         | 1:36:40       | 6:54            | 10          | 23:54          | 37           | 31:58           |