



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Lippold, Yvonne

Club: Mühlhäuser Röblinglaufverein
Number: 139

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:40:57

Speed: 8.32 km/h
Running performance: 7:13 min/km

Rank in course/Total: 163 (of 179)

Rank in course/Women: 43 (of 51)

Best time in course: 1:04:42

Rank in category: 3(of 3)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	5.80	41:20	7:07	3	9:14	39	13:48	5.80	41:20	7:07	3	9:14	39	13:48
Finish	8.20	59:37	7:16	3	15:38	44	22:27	14.00	1:40:57	7:12	3	24:52	43	36:15