



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Lippold, Yvonne

Club: Mühlhäuser Röblinglaufverein
Number: 139

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:40:57

Speed: 8.32 km/h
Running performance: 7:13 min/km

Rank in course/Total: 163 (of 179)

Rank in course/Women: 43 (of 51)

Best time in course: 1:04:42

Rank in category: 3(of 3)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle | 5.80 | 41:20 | 7:07 | 3 | 9:14 | 39 | 13:48 | 5.80 | 41:20 | 7:07 | 3 | 9:14 | 39 | 13:48 |
| Finish | 8.20 | 59:37 | 7:16 | 3 | 15:38 | 44 | 22:27 | 14.00 | 1:40:57 | 7:12 | 3 | 24:52 | 43 | 36:15 |