



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 117

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:41:17

Speed: 8.29 km/h
Running performance: 7:14 min/km

Rank in course/Total: 164 (of 179)

Rank in course/Men: 121 (of 128)

Best time in course: 53:19

Rank in category: 20(of 21)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	43:13	7:27	20	17:31	121	20:31	5.80	43:13	7:27	20	17:31	121	20:31
Finish	8.20	58:04	7:04	20	23:24	121	27:27	14.00	1:41:17	7:14	20	40:55	121	47:58