



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Stephan, Rainer

Club: Kenias letzte Reserve  
Number: 179

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:45:56

Speed: 7.93 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 172 (of 179)

Rank in course/Men: 124 (of 128)

Best time in course: 53:19

Rank in category: 6(of 6)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	44:28	7:40	6	13:37	124	21:46	5.80	44:28	7:40	6	13:37	124	21:46
Finish	8.20	1:01:28	7:29	6	21:44	124	30:51	14.00	1:45:56	7:34	6	35:20	124	52:37