



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Koske, Christian

Club: Weimar
Number: 54

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:54:43

Speed: 7.32 km/h
Running performance: 8:11 min/km

Rank in course/Total: 177 (of 179)

Rank in course/Men: 127 (of 128)

Best time in course: 53:19

Rank in category: 2(of 2)

Best time in the category: 1:20:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	47:43	8:13	2	13:08	127	25:01	5.80	47:43	8:13	2	13:08	127	25:01
Finish	8.20	1:07:00	8:10	2	21:14	127	36:23	14.00	1:54:43	8:11	2	34:22	127	1:01:24