



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Heyder, Daniela

Club: Arnstadt  
Number: 404

Course: 14.00 km  
Nordic Walking

Category:  
Nordic Walking weiblich

Total time: 2:12:18

Speed: 6.35 km/h  
Running performance: 9:27 min/km

Rank in course/Total: 11 (of 23)  
Rank in course/Women: 8 (of 16)  
Best time in course: 2:00:21

Rank in category: 8(of 16)  
Best time in the category: 2:00:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Kontrolle	5.80	57:26	9:54	7	7:02	7	7:02	5.80	57:26	9:54	7	7:02	7	7:02
Finish	8.20	1:14:52	9:07	8	4:55	8	4:55	14.00	2:12:18	9:27	8	11:57	8	11:57