



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Huber, Paul

Club: TV Frischborn

Number: 106

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 54:14

Speed: 9.96 km/h

Running performance: 5:34 min/km

Rank in course/Total: 99 (of 246)

Rank in course/Men: 74 (of 148)

Best time in course: 33:48

Rank in category: 15(of 20)

Best time in the category: 34:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:08	5:34	14	6:59	88	7:37	3.25	18:08	5:34	14	6:59	88	7:37
Lap 2	3.25	18:28	5:40	15	6:36	75	6:57	6.50	36:36	5:37	14	13:35	79	14:34
Last lap Finish	3.25	17:38	5:25	14	5:46	61	5:59	9.75	54:14	5:33	15	19:21	74	20:26