



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Tröbs, Markus

Club: TSV Ebersdorf

Number: 244

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 55:01

Speed: 9.82 km/h

Running performance: 5:38 min/km

Rank in course/Total: 104 (of 246)

Rank in course/Men: 78 (of 148)

Best time in course: 33:48

Rank in category: 15(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 17:58 | 5:31 | 16 | 5:42 | 85 | 7:27 | 3.25 | 17:58 | 5:31 | 16 | 5:42 | 85 | 7:27 | |
| Lap 2 | 3.25 | 18:55 | 5:49 | 15 | 5:27 | 83 | 7:24 | 6.50 | 36:53 | 5:40 | 16 | 11:09 | 82 | 14:51 | |
| Last lap Finish | 3.25 | 18:08 | 5:34 | 13 | 4:46 | 72 | 6:29 | 9.75 | 55:01 | 5:38 | 15 | 15:55 | 78 | 21:13 | |