



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Wendisch, Jan

Club: tagitron GmbH

Number: 254

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:43

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 108 (of 246)

Rank in course/Men: 80 (of 148)

Best time in course: 33:48

Rank in category: 13(of 19)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:00	5:13	12	6:29	71	6:29	3.25	17:00	5:13	12	6:29	71	6:29
Lap 2	3.25	19:10	5:53	13	7:39	88	7:39	6.50	36:10	5:33	14	14:08	77	14:08
Last lap Finish	3.25	19:33	6:00	13	7:47	93	7:54	9.75	55:43	5:42	13	21:55	80	21:55