



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Hartwiger, Julia**

Club: Herzog-Georg Nachtlaufteam Meiningen  
Number: 89

Course: 9.75 km  
10 km Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 55:49

Speed: 9.67 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 111 (of 246)

Rank in course/Women: 29 (of 98)

Best time in course: 42:01

Rank in category: 7(of 19)

Best time in the category: 49:50

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                 |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1           | 3.25     | 18:11      | 5:35         | 8           | 2:28        | 38        | 10:40        | 3.25          | 18:11      | 5:35         | 8        | 2:28        | 38        | 10:40        |
| Lap 2           | 3.25     | 18:44      | 5:45         | 7           | 1:57        | 28        | 4:43         | 6.50          | 36:55      | 5:40         | 8        | 4:23        | 32        | 9:23         |
| Last lap Finish | 3.25     | 18:54      | 5:48         | 6           | 2:41        | 28        | 4:49         | 9.75          | 55:49      | 5:43         | 7        | 5:59        | 29        | 13:48        |