



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hartwiger, Julia

Club: Herzog-Georg Nachtlaufteam Meiningen
Number: 89

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 55:49

Speed: 10.48 km/h
Running performance: 5:43 min/km

Rank in course/Total: 111 (of 246)

Rank in course/Women: 29 (of 98)

Best time in course: 42:01

Rank in category: 7(of 19)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:11	5:35	8	2:28	38	10:40	3.25	18:11	5:35	8	2:28	38	10:40
Lap 2	3.25	18:44	5:45	7	1:57	28	4:43	6.50	36:55	5:40	8	4:23	32	9:23
Last lap Finish	3.25	18:54	5:48	6	2:41	28	4:49	9.75	55:49	5:43	7	5:59	29	13:48