



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hartwiger, Peter

Club: Herzog-Georg Nachtlaufteam

Number: 90

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 55:49

Speed: 9.67 km/h

Running performance: 5:43 min/km

Rank in course/Total: 112 (of 246)

Rank in course/Men: 83 (of 148)

Best time in course: 33:48

Rank in category: 7(of 14)

Best time in the category: 44:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:11	5:35	8	3:26	90	7:40	3.25	18:11	5:35	8	3:26	90	7:40
Lap 2	3.25	18:48	5:47	8	3:41	81	7:17	6.50	36:59	5:41	8	7:07	84	14:57
Last lap Finish	3.25	18:50	5:47	5	3:52	77	7:11	9.75	55:49	5:43	7	10:59	83	22:01