



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Wysocki, Nicole

Club: VfB Torpedo Ichttershausen

Number: 261

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 55:52

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 113 (of 246)

Rank in course/Women: 30 (of 98)

Best time in course: 42:01

Rank in category: 10(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:50	5:29	10	2:52	34	10:19	3.25	17:50	5:29	10	2:52	34	10:19
Lap 2	3.25	19:03	5:51	10	2:37	31	5:02	6.50	36:53	5:40	10	5:29	31	9:21
Last lap Finish	3.25	18:59	5:50	10	2:30	29	4:54	9.75	55:52	5:43	10	7:39	30	13:51