



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Sorge, Pascal

Club: Probstzella

Number: 222

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 56:26

Speed: 9.57 km/h

Running performance: 5:47 min/km

Rank in course/Total: 117 (of 246)

Rank in course/Men: 87 (of 148)

Best time in course: 33:48

Rank in category: 9(of 12)

Best time in the category: 35:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:14	5:36	9	6:40	92	7:43	3.25	18:14	5:36	9	6:40	92	7:43
Lap 2	3.25	18:53	5:48	8	6:47	82	7:22	6.50	37:07	5:42	8	13:27	86	15:05
Last lap Finish	3.25	19:19	5:56	9	7:40	86	7:40	9.75	56:26	5:47	9	21:07	87	22:38