



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Wagner, Karlheinz**

Club: Schwalmstadt

Number: 525

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:36

Speed: 9.54 km/h

Running performance: 5:49 min/km

Rank in course/Total: 120 (of 246)

Rank in course/Men: 89 (of 148)

Best time in course: 33:48

Rank in category: 8(of 14)

Best time in the category: 44:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:23	5:20	7	2:38	75	6:52	3.25	17:23	5:20	7	2:38	75	6:52
Lap 2	3.25	18:42	5:45	7	3:35	78	7:11	6.50	36:05	5:33	7	6:13	74	14:03
Last lap Finish	3.25	20:31	6:18	10	5:33	109	8:52	9.75	56:36	5:48	8	11:46	89	22:48