



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schultz, Andreas

Club: BSG Lülisdorf e.V.

Number: 214

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:50

Speed: 9.50 km/h

Running performance: 5:50 min/km

Rank in course/Total: 125 (of 246)

Rank in course/Men: 92 (of 148)

Best time in course: 33:48

Rank in category: 15(of 19)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:05	5:33	16	7:34	86	7:34	3.25	18:05	5:33	16	7:34	86	7:34	
Lap 2	3.25	19:48	6:05	15	8:17	107	8:17	6.50	37:53	5:49	15	15:51	94	15:51	
Last lap Finish	3.25	18:57	5:49	12	7:11	79	7:18	9.75	56:50	5:49	15	23:02	92	23:02	