



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Morgenweck, Reik

Club: TV Barchfeld

Number: 156

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:45

Speed: 12.93 km/h

Running performance: 4:17 min/km

Rank in course/Total: 11 (of 246)

Rank in course/Men: 11 (of 148)

Best time in course: 33:48

Rank in category: 3(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:12	4:03	3	0:56	12	2:41	3.25	13:12	4:03	3	0:56	12	2:41
Lap 2	3.25	14:22	4:25	3	0:54	10	2:51	6.50	27:34	4:14	3	1:50	12	5:32
Last lap Finish	3.25	14:11	4:21	3	0:49	10	2:32	9.75	41:45	4:16	3	2:39	11	7:57