



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Levermann, Werner

Club: Ford FCSD 05

Number: 141

Course: 9.75 km

10 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 57:14

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 129 (of 246)

Rank in course/Men: 96 (of 148)

Best time in course: 33:48

Rank in category: 1(of 6)

Best time in the category: 57:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:05	5:33	1	-	86	7:34	3.25	18:05	5:33	1	-	86	7:34
Lap 2	3.25	19:52	6:06	2	0:19	108	8:21	6.50	37:57	5:50	1	-	96	15:55
Last lap Finish	3.25	19:17	5:56	1	-	84	7:38	9.75	57:14	5:52	1	-	96	23:26