



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Sacson, Mattia

Club: BREMA RUNNING TEAM

Number: 194

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 57:24

Speed: 9.41 km/h

Running performance: 5:53 min/km

Rank in course/Total: 132 (of 246)

Rank in course/Men: 98 (of 148)

Best time in course: 33:48

Rank in category: 6(of 8)

Best time in the category: 41:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:58	5:13	5	4:40	70	6:27	3.25	16:58	5:13	5	4:40	70	6:27
Lap 2	3.25	20:54	6:25	8	6:32	122	9:23	6.50	37:52	5:49	5	11:01	93	15:50
Last lap Finish	3.25	19:32	6:00	6	4:56	92	7:53	9.75	57:24	5:53	6	15:57	98	23:36