



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Dr.Schmidt, Jens

Club: Seewolfjäger

Number: 42

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 57:47

Speed: 9.35 km/h

Running performance: 5:56 min/km

Rank in course/Total: 138 (of 246)

Rank in course/Men: 102 (of 148)

Best time in course: 33:48

Rank in category: 8(of 18)

Best time in the category: 42:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:52	5:48	8	5:56	103	8:21	3.25	18:52	5:48	8	5:56	103	8:21
Lap 2	3.25	19:40	6:03	9	5:12	105	8:09	6.50	38:32	5:55	8	11:08	102	16:30
Last lap Finish	3.25	19:15	5:55	6	4:25	83	7:36	9.75	57:47	5:55	8	15:33	102	23:59