



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Bernges, Dorina**

Club: TV Frischborn

Number: 11

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 57:55

Speed: 9.32 km/h

Running performance: 5:56 min/km

Rank in course/Total: 139 (of 246)

Rank in course/Women: 37 (of 98)

Best time in course: 42:01

Rank in category: 6(of 11)

Best time in the category: 42:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:37	5:43	5	4:06	40	11:06	3.25	18:37	5:43	5	4:06	40	11:06
Lap 2	3.25	19:31	6:00	5	5:30	36	5:30	6.50	38:08	5:51	5	9:36	36	10:36
Last lap Finish	3.25	19:47	6:05	5	5:42	35	5:42	9.75	57:55	5:56	6	15:18	37	15:54