



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Neumann, Cornelia

Club: Lauf Team Unna

Number: 161

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 58:56

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 146 (of 246)

Rank in course/Women: 39 (of 98)

Best time in course: 42:01

Rank in category: 1(of 8)

Best time in the category: 58:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:28	5:59	1	-	51	11:57	3.25	19:28	5:59	1	-	51	11:57
Lap 2	3.25	19:22	5:57	1	-	32	5:21	6.50	38:50	5:58	1	-	40	11:18
Last lap Finish	3.25	20:06	6:11	1	-	39	6:01	9.75	58:56	6:02	1	-	39	16:55