



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Sacher, Martin**

Club: Lauf Team Unna

Number: 195

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 58:56

Speed: 9.16 km/h

Running performance: 6:02 min/km

Rank in course/Total: 147 (of 246)

Rank in course/Men: 107 (of 148)

Best time in course: 33:48

Rank in category: 11(of 18)

Best time in the category: 42:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:28	5:59	10	6:32	113	8:57	3.25	19:28	5:59	10	6:32	113	8:57
Lap 2	3.25	19:22	5:57	7	4:54	93	7:51	6.50	38:50	5:58	9	11:26	103	16:48
Last lap Finish	3.25	20:06	6:11	9	5:16	104	8:27	9.75	58:56	6:02	11	16:42	107	25:08