



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Güntzel, Wieland

Club: Lok Themar

Number: 81

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:00:07

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 157 (of 246)

Rank in course/Men: 112 (of 148)

Best time in course: 33:48

Rank in category: 5(of 7)

Best time in the category: 50:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:09	5:53	5	3:09	108	8:38	3.25	19:09	5:53	5	3:09	108	8:38
Lap 2	3.25	20:26	6:17	6	3:31	116	8:55	6.50	39:35	6:05	6	5:59	116	17:33
Last lap Finish	3.25	20:32	6:19	5	3:42	110	8:53	9.75	1:00:07	6:09	5	9:26	112	26:19