



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Beetz, Volker

Club: Möhrenbach

Number: 8

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:00:54

Speed: 8.87 km/h

Running performance: 6:15 min/km

Rank in course/Total: 163 (of 246)

Rank in course/Men: 115 (of 148)

Best time in course: 33:48

Rank in category: 12(of 13)

Best time in the category: 36:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:06	5:52	13	7:51	107	8:35	3.25	19:06	5:52	13	7:51	107	8:35
Lap 2	3.25	20:42	6:22	11	7:50	118	9:11	6.50	39:48	6:07	12	15:41	117	17:46
Last lap Finish	3.25	21:06	6:29	11	8:34	117	9:27	9.75	1:00:54	6:14	12	24:15	115	27:06