



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kloppenburg, Andreas

Club: BRAUN media TEAM

Number: 122

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:00:55

Speed: 9.60 km/h

Running performance: 6:15 min/km

Rank in course/Total: 164 (of 246)

Rank in course/Men: 116 (of 148)

Best time in course: 33:48

Rank in category: 20(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:16	5:55	19	7:00	110	8:45	3.25	19:16	5:55	19	7:00	110	8:45
Lap 2	3.25	20:38	6:20	21	7:10	117	9:07	6.50	39:54	6:08	20	14:10	119	17:52
Last lap Finish	3.25	21:01	6:28	20	7:39	116	9:22	9.75	1:00:55	6:14	20	21:49	116	27:07