



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hahn, Britta

Club: TV Frischborn

Number: 85

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:01

Speed: 8.85 km/h

Running performance: 6:16 min/km

Rank in course/Total: 166 (of 246)

Rank in course/Women: 50 (of 98)

Best time in course: 42:01

Rank in category: 11(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:03	5:51	11	4:05	45	11:32	3.25	19:03	5:51	11	4:05	45	11:32
Lap 2	3.25	20:21	6:15	11	3:55	47	6:20	6.50	39:24	6:03	11	8:00	43	11:52
Last lap Finish	3.25	21:37	6:39	11	5:08	53	7:32	9.75	1:01:01	6:15	11	12:48	50	19:00