



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Späth, Sven

Club: Boxclub Fortuna Ilmenau e.V.

Number: 223

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:01:32

Speed: 9.51 km/h

Running performance: 6:19 min/km

Rank in course/Total: 168 (of 246)

Rank in course/Men: 118 (of 148)

Best time in course: 33:48

Rank in category: 21(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:21	5:38	17	6:05	94	7:50	3.25	18:21	5:38	17	6:05	94	7:50
Lap 2	3.25	20:49	6:24	22	7:21	120	9:18	6.50	39:10	6:01	19	13:26	110	17:08
Last lap Finish	3.25	22:22	6:52	23	9:00	129	10:43	9.75	1:01:32	6:18	21	22:26	118	27:44