



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Wysocki, Christian

Club: VfB Torpedo Ichttershausen

Number: 262

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:02:37

Speed: 8.62 km/h

Running performance: 6:25 min/km

Rank in course/Total: 174 (of 246)

Rank in course/Men: 122 (of 148)

Best time in course: 33:48

Rank in category: 17(of 19)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:51	5:29	15	7:20	83	7:20	3.25	17:51	5:29	15	7:20	83	7:20
Lap 2	3.25	21:09	6:30	18	9:38	125	9:38	6.50	39:00	6:00	16	16:58	105	16:58
Last lap Finish	3.25	23:37	7:15	19	11:51	134	11:58	9.75	1:02:37	6:25	17	28:49	122	28:49