



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Stoll, Gerhard

Club: Fulda

Number: 233

Course: 9.75 km

10 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:02:52

Speed: 8.59 km/h

Running performance: 6:27 min/km

Rank in course/Total: 175 (of 246)

Rank in course/Men: 123 (of 148)

Best time in course: 33:48

Rank in category: 4(of 6)

Best time in the category: 57:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:06	6:11	4	2:01	127	9:35	3.25	20:06	6:11	4	2:01	127	9:35
Lap 2	3.25	21:02	6:28	4	1:29	123	9:31	6.50	41:08	6:19	4	3:11	127	19:06
Last lap Finish	3.25	21:44	6:41	4	2:27	123	10:05	9.75	1:02:52	6:26	4	5:38	123	29:04