



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Küster, Torsten

Club: Turbine Halle

Number: 134

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:03:10

Speed: 9.26 km/h

Running performance: 6:29 min/km

Rank in course/Total: 177 (of 246)

Rank in course/Men: 125 (of 148)

Best time in course: 33:48

Rank in category: 14(of 18)

Best time in the category: 42:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:43	6:22	15	7:47	130	10:12	3.25	20:43	6:22	15	7:47	130	10:12
Lap 2	3.25	21:42	6:40	14	7:14	129	10:11	6.50	42:25	6:31	15	15:01	134	20:23
Last lap Finish	3.25	20:45	6:23	11	5:55	112	9:06	9.75	1:03:10	6:28	14	20:56	125	29:22