



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Beutel, Tino

Club: FC Tresen 08

Number: 14

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:05:59

Speed: 8.18 km/h

Running performance: 6:46 min/km

Rank in course/Total: 191 (of 246)

Rank in course/Men: 132 (of 148)

Best time in course: 33:48

Rank in category: 25(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:05	6:29	25	8:49	131	10:34	3.25	21:05	6:29	25	8:49	131	10:34
Lap 2	3.25	22:27	6:54	25	8:59	134	10:56	6.50	43:32	6:41	25	17:48	135	21:30
Last lap Finish	3.25	22:27	6:54	24	9:05	130	10:48	9.75	1:05:59	6:46	25	26:53	132	32:11