



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Görgen, Doris**

Club: Laufftreff VFL Waldbreitbach

Number: 74

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:07:14

Speed: 8.70 km/h

Running performance: 6:54 min/km

Rank in course/Total: 201 (of 246)

Rank in course/Women: 66 (of 98)

Best time in course: 42:01

Rank in category: 6(of 12)

Best time in the category: 47:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:42	6:22	6	13:11	62	13:11	3.25	20:42	6:22	6	13:11	62	13:11
Lap 2	3.25	22:40	6:58	6	6:39	64	8:39	6.50	43:22	6:40	5	11:44	62	15:50
Last lap Finish	3.25	23:52	7:20	7	7:50	67	9:47	9.75	1:07:14	6:53	6	19:34	66	25:13