



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Unglaub, Carolin

Club: Dresden

Number: 245

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:09:43

Speed: 8.39 km/h

Running performance: 7:09 min/km

Rank in course/Total: 209 (of 246)

Rank in course/Women: 71 (of 98)

Best time in course: 42:01

Rank in category: 14(of 19)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:48	6:42	15	6:05	71	14:17	3.25	21:48	6:42	15	6:05	71	14:17
Lap 2	3.25	23:48	7:19	14	7:01	72	9:47	6.50	45:36	7:00	15	13:04	72	18:04
Last lap Finish	3.25	24:07	7:25	14	7:54	71	10:02	9.75	1:09:43	7:09	14	19:53	71	27:42