



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

Van Wezel, Helma

Club: Scrambled Legs

Number: 246

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W70 (70-74 Jahre)

Total time: 1:10:56

Speed: 7.61 km/h

Running performance: 7:17 min/km

Rank in course/Total: 212 (of 246)

Rank in course/Women: 75 (of 98)

Best time in course: 42:01

Rank in category: 1(of 1)

Best time in the category: 1:10:56

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:35	6:56	1	-	84	15:04	3.25	22:35	6:56	1	-	84	15:04
Lap 2	3.25	24:19	7:28	1	-	79	10:18	6.50	46:54	7:12	1	-	81	19:22
Last lap Finish	3.25	24:02	7:23	1	-	70	9:57	9.75	1:10:56	7:16	1	-	75	28:55