



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Jaschke, Daniela

Club: Bippen

Number: 109

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:11:56

Speed: 8.13 km/h

Running performance: 7:23 min/km

Rank in course/Total: 219 (of 246)

Rank in course/Women: 80 (of 98)

Best time in course: 42:01

Rank in category: 15(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:50	6:43	14	6:52	73	14:19	3.25	21:50	6:43	14	6:52	73	14:19
Lap 2	3.25	23:57	7:22	15	7:31	75	9:56	6.50	45:47	7:02	15	14:23	75	18:15
Last lap Finish	3.25	26:09	8:02	15	9:40	85	12:04	9.75	1:11:56	7:22	15	23:43	80	29:55