



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Katzenberg, Regina**

Club: Lauf Team Unna

Number: 119

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:12:41

Speed: 8.05 km/h

Running performance: 7:27 min/km

Rank in course/Total: 221 (of 246)

Rank in course/Women: 81 (of 98)

Best time in course: 42:01

Rank in category: 11(of 12)

Best time in the category: 47:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:34	6:56	11	15:03	82	15:03	3.25	22:34	6:56	11	15:03	82	15:03
Lap 2	3.25	24:28	7:31	11	8:27	82	10:27	6.50	47:02	7:14	11	15:24	83	19:30
Last lap Finish	3.25	25:39	7:53	11	9:37	81	11:34	9.75	1:12:41	7:27	11	25:01	81	30:40